



WORKSHOP: Chronic Disease and Illness: Understanding how to support those living with chronic disease and illness.

Date: Thursday 17th August 9am – 4.30pm

Venue: Malyon Bible College, 53 Prospect Rd, Gaythorne QLD 4051 <http://malyon.edu.au>

Based on the unit CHCCCS001 Address the needs of people with chronic disease, this workshop will look at understanding chronic disease and illness and its impact on our society and individually. We will also look at the needs of those living with chronic disease and illness, how to support them in those needs, and look at your role in the broader care team (both officially and unofficially).

Chronic Illness and Disease is predominant in our society. In Aug 2015, the Australian Institute of Health and Welfare (AIHW) released the below stats:

- 1 in 5 Australians are affected by multiple chronic diseases
- Chronic Disease covers: Cardiovascular conditions (CDV), Cancers, Mental disorders, Diabetes, Respiratory disease, Musculoskeletal conditions, Chronic kidney disease (CKD), Oral diseases
- Nearly 40% of Australians aged 45 and over have two or more of the eight chronic diseases
- Chronic diseases are the leading causes of people dying early.

Statistics show that prisoners have higher rates of poor health than the general population.

- 1 in 3 have a chronic health condition
- 3 in 4 are smokers
- 2 in 3 used illicit drugs in 12mth prior
- 2 in 5 drank alcohol at risky levels
- 1 in 4 have diagnosed mental health issues
- 1 in 3 have a long-term health condition or disability

Understanding about these diseases and illnesses, how they affect those living with them and caring for them on a daily basis, and how to support them physically, emotionally and spiritually is important to delivering effective pastoral care.

We'd love to have you be part of the workshop. To register please complete the workshop registration form and send to admin@trainingcollaborative.org.au